

Project BGLD-3.001

Novel Approaches to Generating Data on hard-to-reach populations at risk of violation of their rights

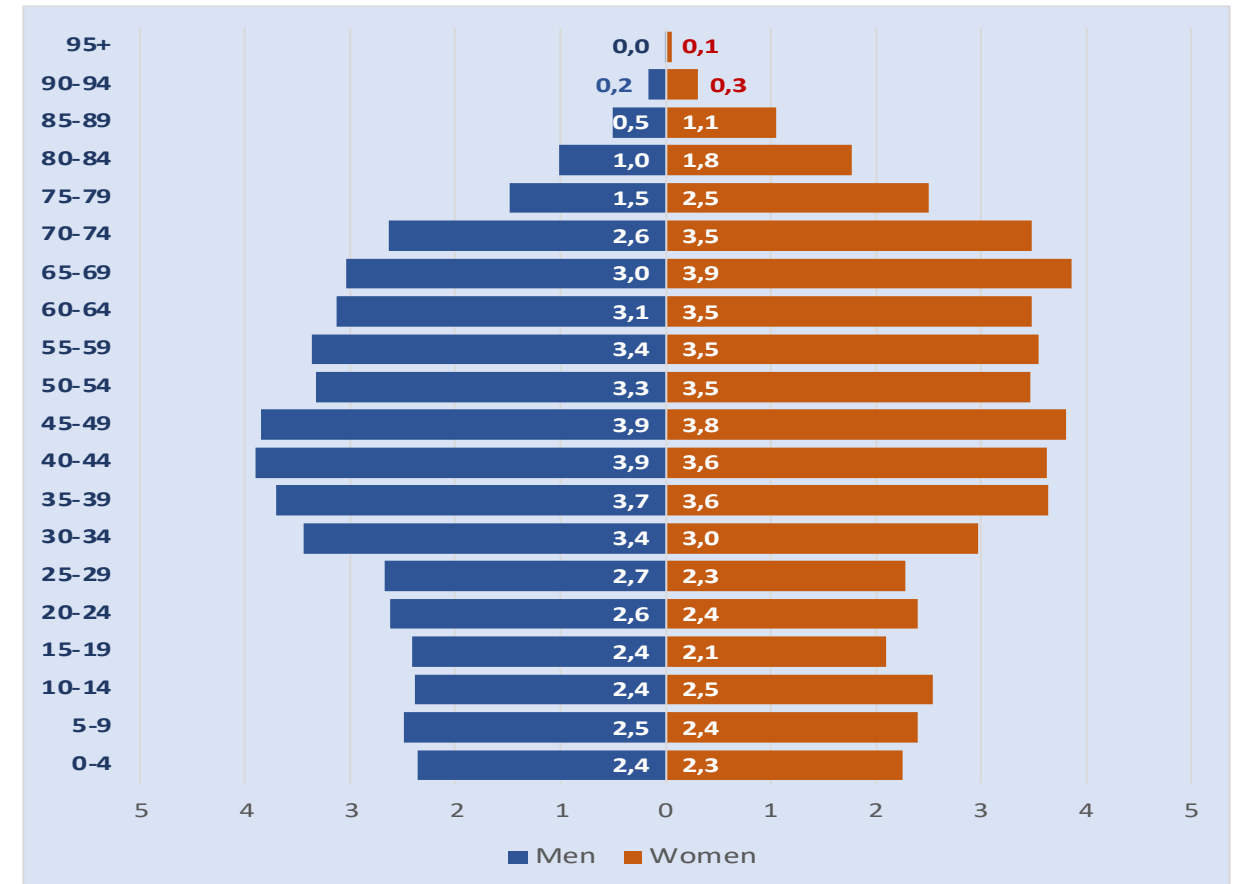
Thematic report on the situation of older people
Sofia, 13 September 2022



<https://noveleea.bg/>

- **Target group:** persons aged 65 years and over
- **National policy framework:** National strategy for the active life of older people in Bulgaria 2019–2030
- **EU policy framework:** Green paper on ageing, equality and non-discrimination directives
- **Key public stakeholders:** Ministry of Labour and Social Policy, Ministry of Health, Social Assistance Agency, National Social Security Institute
- **Thematic areas:** health, poverty and financial situation, housing, social exclusion, discrimination and security

- **Age groups:** 65-74; 75+
- **Limitations:** older persons in institutional households
- **Retirement age:** 61 years and 8 months for women and 64 years and 4 months for men (2021); 65 years for both men and women (2037)



Source: BNSI/FRA 2020 survey

Share of people aged 65 years and over reporting unmet needs for medical care for three reasons – 'financial reasons', 'waiting list' and 'too far to travel'

Share of people aged 65 years and over assessing their health in general as 'Very good' or 'Good'

Share of people aged 65 years and over with self-reported severe, non-severe or no long-standing limitations in usual activities due to health problems

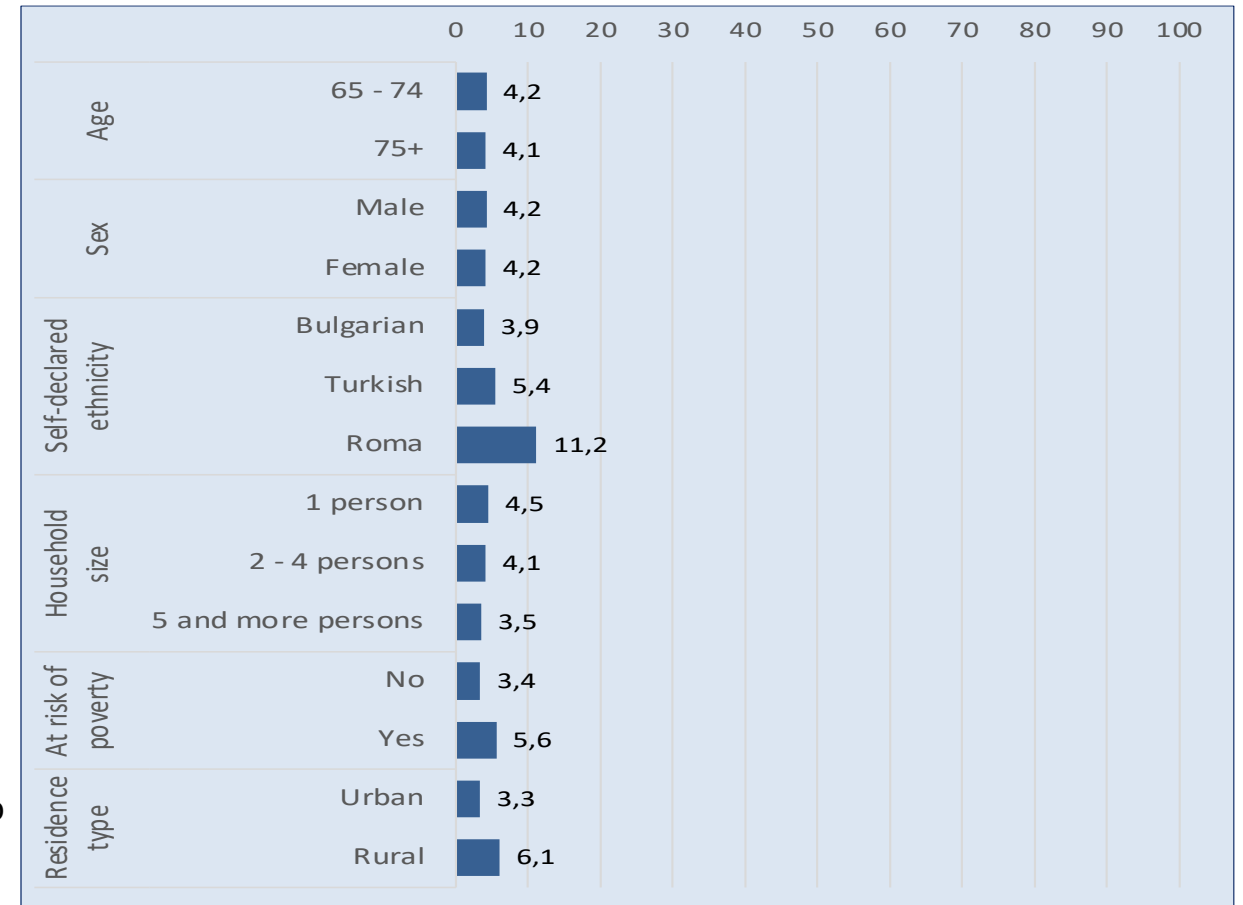
Share of people aged 65 years and over with long-term (chronic) illness or health problem

Time elapsed since last visit to a general practitioner: last consultation with a general practitioner for people aged 65 years and over

Time elapsed since last visit to a dentist: last visit to a dentist or orthodontist for people aged 65 years and over

Time elapsed since last visit to a medical or surgical specialist: last visit to a medical or surgical specialist for people aged 65 years and over

Source: BNSI/FRA 2020 survey



At-risk-of-poverty rate of people aged 65 years and over

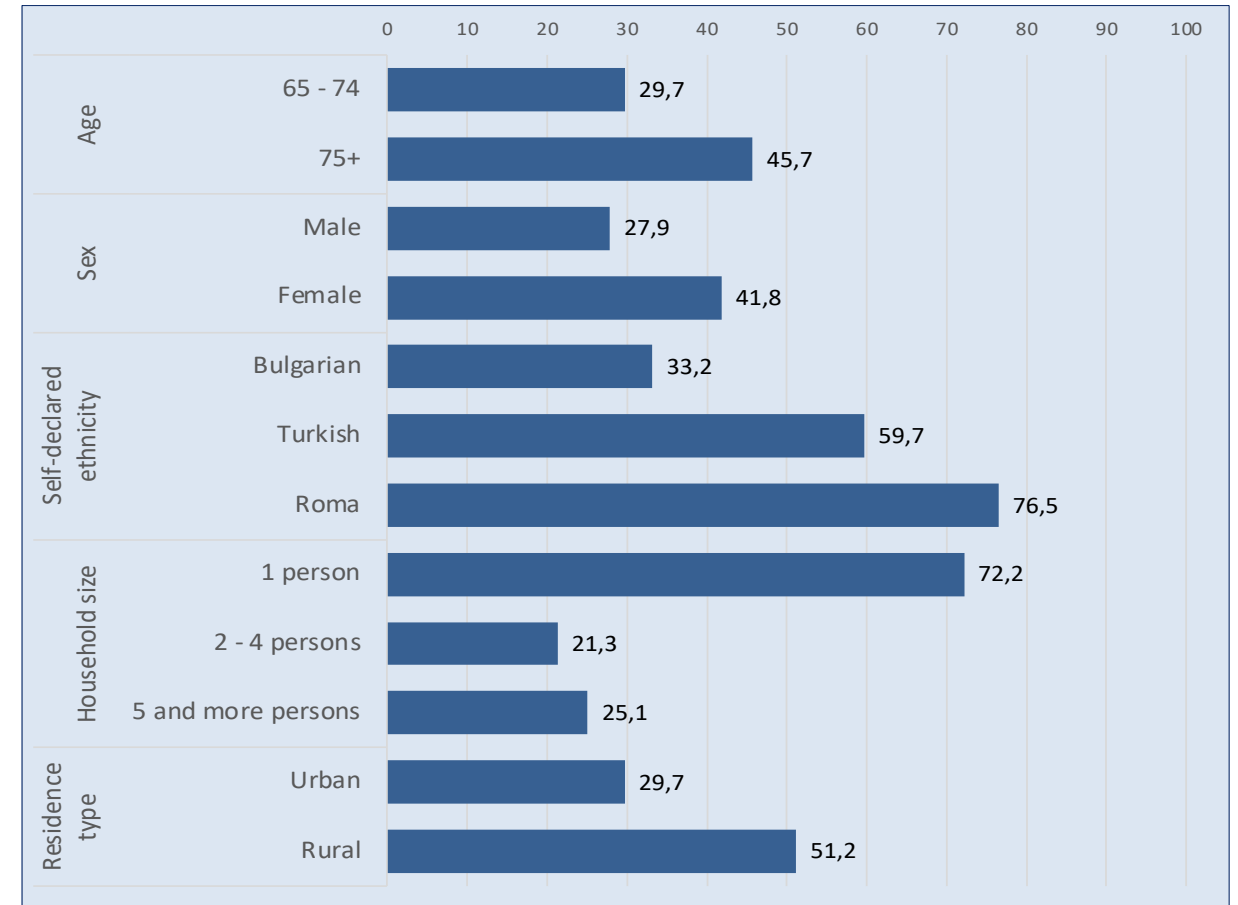
Share of people aged 65 years and over living in households that cannot afford telephone, colour TV or computer

Share of people aged 65 years and over living in households that cannot afford basic durables

Share of people aged 65 years and over living in households that cannot afford television

Share of people aged 65 years and over satisfied with their financial situation

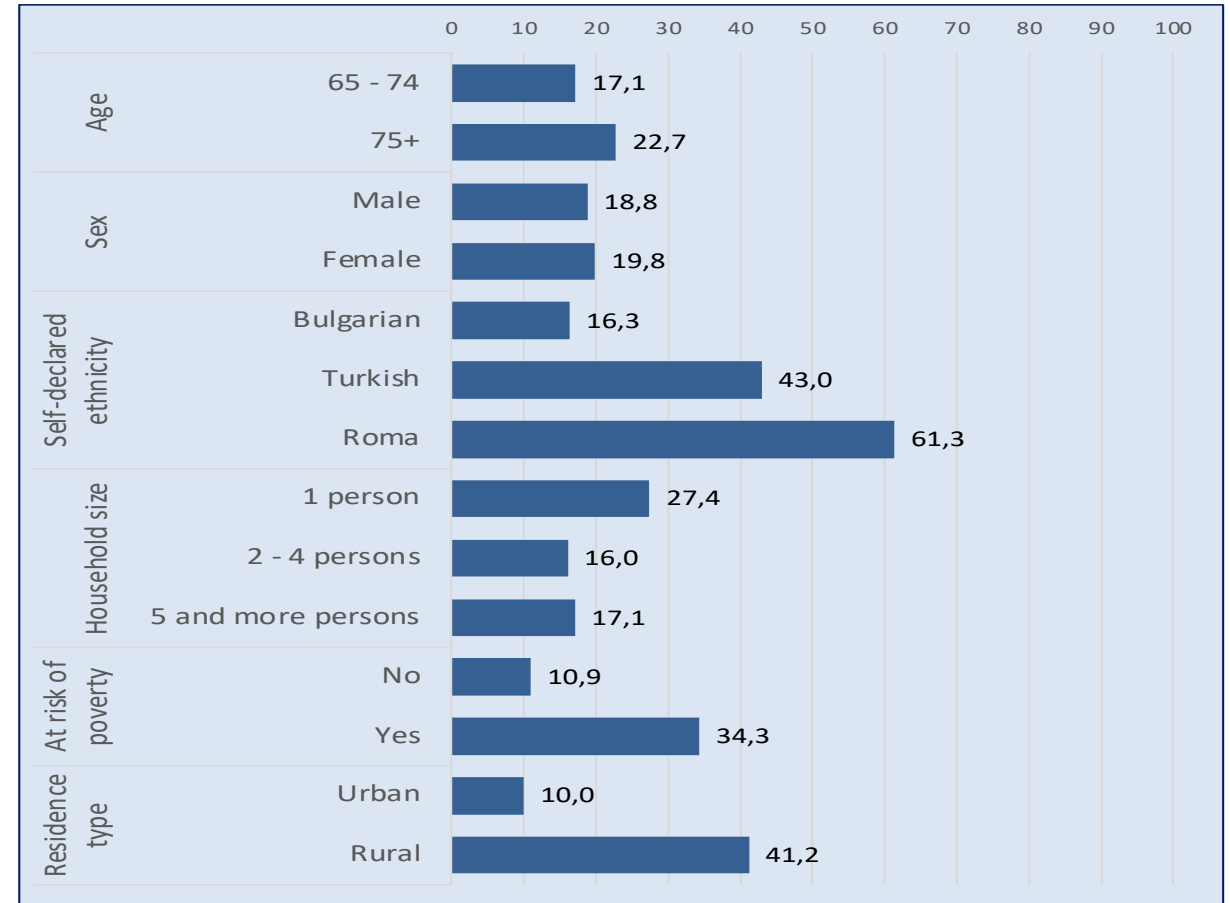
Share of people aged 65 years and over living in households where one person went to bed hungry in the month before the survey because there was not enough money for food



Source: BNSI/FRA 2020 survey

Share of people aged 65 years and over living in housing deprivation (in dwellings that are too dark, have a leaking roof and/or damp walls or floors, have no indoor bath/shower or have no indoor toilet)

Share of people aged 65 years and over living in households with no flushing toilet, shower or bath inside the dwelling



Source: BNSI/FRA 2020 survey

Share of people aged 65 years and over feeling excluded from society

Share of people aged 65 years and over who think they cannot get financial / other than financial help from relatives, friends, neighbours or other people they know if they need

Share of people aged 65 years and over who felt discriminated against in the 12 months before the survey

Share of people aged 65 years and over who felt discriminated against on any ground in the 12 months before the survey

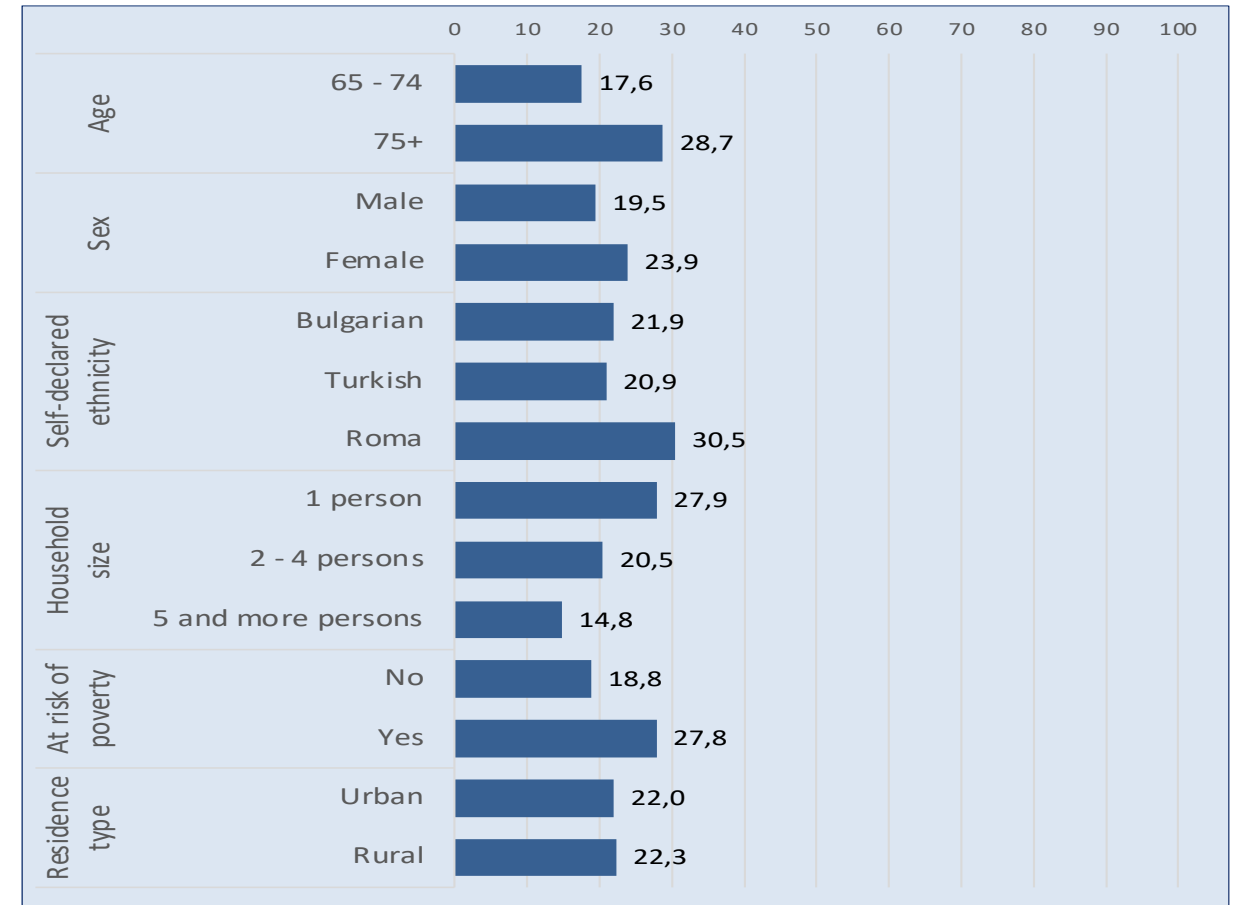
Share of people aged 65 years and over who are aware of anti-discrimination law

Share of people aged 65 years and over who live in areas with insufficient shops, hospitals or transport

Share of people 65 years and over who do not have a bank account

Share of people aged 65 years and over who feel safe walking alone around the area they live

Source: BNSI/FRA 2020 survey



- Health problems associated with ageing, combined with income reduction for those who retire, overlap with **limited availability and accessibility of health services**, especially for older people who are at risk of poverty, belong to the Roma community or live in rural areas
- Further action is needed to break the cycle of **poverty**, which leads to marginalisation and social exclusion, especially for older people as their main income source is pensions
- Older people are more likely to experience **poor housing conditions** due to lower income, older age of the housing stock and lower mobility, especially older people living alone and those living in houses, often in rural areas
- Efforts are needed to empower older people by creating spaces to inform them of their rights and teach them to **recognise and report discrimination**

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